

CLASS PACKAGES

	INTRO PACK 3 CLASSES	INDIVIDUAL	5 CLASS	BEST SELLER 10 CLASS	20 CLASS	BEST VALUE 40 CLASS
PRICE	500,000	390,000	1,800,000	3,200,000	6,000,000	10,400,000
VALID FOR	2 WEEKS	1 DAY	5 WEEKS	10 WEEKS	20 WEEKS	40 WEEKS

DISCOUNT

10%

When buying a
Pack/Membership
after Trial Class/Pack

MONTHLY MEMBERSHIP

	BEST SELLER 3 MONTHS	6 MONTHS	BEST VALUE 1 YEAR
1 MONTH	3,500,000	9,600,000	18,000,000
			29,500,000

PERSONAL TRAINING

PT	PRICE	VALID FOR	GROUP PT	PRICE / PERSON
1 SESSION	1,200,000	1 DAY	GROUP OF 2	800,000
10 SESSIONS	11,000,000	10 WEEKS	GROUP OF 3	700,000
20 SESSIONS	20,000,000	20 WEEKS	GROUP OF 4	600,000

All Class Packages & One Month Membership
cannot be frozen, transferred and are non-refundable



CLASS SCHEDULE

MONDAY Core	TUESDAY Upper Body	WEDNESDAY Lower Body	THURSDAY Core
KBF 50 6:15 - 7:05	KBF 50 6:15 - 7:05	KBF 50 6:15 - 7:05	KBF 50 6:15 - 7:05
KBF 50 8:30 - 9:20	KBF 50 8:30 - 9:20	KBF 50 8:30 - 9:20	KBF 50 8:30 - 9:20
KBF 50 18:00- 18:50	KBF 50 18:00- 18:50	KBF 50 18:00- 18:50	KBF 50 18:00- 18:50
KBF 50 19:00- 19:50	KBF 50 19:00- 19:50	KBF 50 19:00- 19:50	KBF 50 19:00- 19:50

FRIDAY Full Body Tabata	SATURDAY Full Body Strength	SUNDAY Full Body Endurance
KBF 50 6:15 - 7:05	KBF 50 9:00 - 9:50	KBF 50 9:00 - 9:50
KBF 50 8:30 - 9:20	KBF 50 11:00- 11:50	KBF SKILLS 10:00 - 10:50
KBF 50 18:00- 18:50	KBF 50 13:00- 13:50	KBF 50 11:00 - 11:50